

Lighthouse Mission Resource List

This list contains several types of resources that can assist you and your family. Each section contains the name of the organization, their phone number, website, and address, when available. We also included information on the services that they offer and additional facts when necessary.

Resources for specific needs have been categorized to help you find what you need more easily. Within each category are sub-categories to assist you further. Please refer to the following Table of Contents to find the page number where you can find help.

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For more information about Lighthouse Mission, please visit our website:
www.LighthouseMission.com

Resource and Information Centers

Several local government offices and organizations can help direct you towards ways to get help and serve as the first stop on the path to getting assistance with housing, addiction recovery, family services, and more.

Government Offices

Suffolk County Department of Social Services	Phone: (631) 854-9930 After-Hours: (631) 854-9100
Website: www.suffolkcountyny.gov/Departments/SocialServices/DSSHome	
Address: Please visit website for locations.	
Services Offered: Getting help with housing, utilities, or child care in Suffolk County begins with a call to the Department of Social Services.	

Call Centers

2-1-1 Long Island	Phone: Dial 2-1-1 or call 1-888-774-7633
Website: https://www.211li.org/	
Services Offered: 2-1-1 Long Island is a Call Center operated by United Way of Long Island that can connect you with health and human services resources.	
Extra Info: Phone number and online database. Phone number may be more helpful as the website is difficult to use.	
NY Connects	Phone: 1 (800) 342-9871
Website: https://www.nyconnects.ny.gov/welcome	
Services Offered: NY Connects staff can help link you to long term services and supports, such as home care, transportation and meals. Our goal is to help you live as independently as you wish to while meeting your medical, social and functional needs that arise from aging or disability. We can help individuals, families, caregivers, and professionals.	

Community Services

Bellport Hagerman East Patchogue Alliance	Phone: (631) 286-9236
Website: www.bhepallianceinc.org	
Address: 1492 Montauk Hwy., Bellport, NY 11713	
Services Offered: Budget counseling, job readiness training, utilities assistance.	
Extra Info: Tuesday 10am-1pm there is help for bills, food stamps, and jobs. PSEG, DOL, DSS.	
Catholic Charities	Phone: (516) 733-7045
Website: www.catholiccharities.cc	
Address: Catholic Charities, Diocese of Rockville Center, 90 Cherry Lane, Hicksville, NY 11801	
Services Offered: Developmental disabilities residences, drug rehab, immigration/refugee resettlement, maternity services, and supplemental food assistance.	
Family Service League	Phone: (631) 427-3700
Website: www.fsl-li.org	
Address: 790 Park Ave., Huntington, NY 11743	
Services Offered: Addiction services (mobile recovery unit), early childhood, emergency housing assistance, employment help, family counseling, trauma counseling, veterans assistance.	
Patchogue-Medford Youth and Community Services	Phone: (631) 758-4100
Website: https://www.pmycs.org/	
Address: 390 Bay Ave., Patchogue, NY 11772	
Services Offered: Counseling, support groups, after school and summer programs.	

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United Way of Long Island	Phone: 631-940-3700
Website: https://www.unitedwayli.org/	
Address: 819 Grand Blvd., Deer Park, NY 11729	
Services Offered: Solutions for lack of education, housing, healthcare, financial stability, stable employment.	
Suffolk AHRC	Phone: (631) 585-0100
Website: https://www.ahrcsuffolk.org/	
Address: 2900 Veterans Hwy., Bohemia, NY 11716	
Services Offered: Programs and services to children and adults with intellectual and other developmental disabilities on Long Island.	
Federation of Organizations	Phone: (631) 236-4325
Website: https://www.fedoforg.org/	
Services Offered: Clinical services, residential services, and outreach services.	
Brookhaven Youth Bureau Sanctuary Program	Phone: (631) 451-8011
Website: https://www.brookhavenny.gov/333/Counseling-Services	
Address: 1 Independence Hill, Farmingville, NY 11738	
Services Offered: Counseling for ages 12-24: telehealth, zoom, and in-person available. Free crisis management, house referrals, and case management.	
St. Vincent De Paul- Dismas House	Phone: (516) 822-3132
Website: https://svdpli.org/what-we-do/transitional-housing/	
Services Offered: Assist with food, past due bills, etc.	
Extra Info: Tyrone Rhabb, Program Administrator. Email: trhabb@svdpli.org	

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Interface Nutrition Network	Phone: (516) 486-8506
Website: https://the-inn.org/	
Address: 211 Fulton Ave., Hempstead, NY 11550	
Services Offered: A broad variety of essential services	

Food and Clothing Assistance

Food Pantries

Lighthouse Mission	Phone: (631) 758-7584
Website: LighthouseHelp.com	
Address: 1543 Montauk Hwy., Bellport, NY 11713	
Services Offered: Mobile food pantry that brings free food and clothing to 10 different towns in Suffolk County every week. Visit the website for the full list of locations and times.	
Mary Immaculate Church Pantry	Phone: (631) 286-3795
Website: https://www.miparish.net/food-pantry	
Address: 16 Browns Ln., Bellport, NY 11713	
Services Offered: Food pantry open Wednesdays 10-11am, 6-7pm; Friday 10-11am.	
Long Island Cares	Phone: (631) 582-3663
Website: https://www.licares.org/find-food/	
Address: 10 Davids Dr, Hauppauge, NY 11788	
Services Offered: Food pantry and food locator. Contact them for more info.	
Branches Long Island	Phone: (631) 448-7832
Website: https://www.brancheslongisland.com/	
Address: 558 Middle Country Rd., Middle Island, NY 11953	
Services Offered: They provide necessities to people in need. Food pantry, blessing boxes, and emergency bags. Call them for more info.	

Island Harvest	Phone: (516) 294-8528
Website: https://www.islandharvest.org/	
Address: Various Location	
Services Offered: Food pantry for families, children, veterans, and seniors. Contact them for more info.	

Food Delivery Services

Three Village Meals On Wheels	Phone: (631) 689-7070
Website: https://www.mealsonwheelsamerica.org/	
Address: P.O. Box 853 Stony Brook, NY 11790	
Services Offered: Provides meals to residents in E. Setauket, Setauket, Stony Brook, Terryville, Port Jefferson, Miller Place, Mt. Sinai, North Selden, North Coram and North Centereach. No Age Minimum. Possible Fee.	
East Hampton Meals On Wheels	Phone: 631-329-1669
Website: https://www.mealsonwheelsamerica.org/	
Address: 33 Newtown Lane East Hampton, NY 11937	
Services Offered: Weekend meals available.	
Montauk Community Senior Meals On Wheels	Phone: 631-668-1023
Website: https://www.mealsonwheelsamerica.org/	
Address: 240 Edgemere Street Montauk, NY 11954	

Clothing Resources

Patchogue-Medford Youth and Community Services	Phone: (631) 758-4100
Address: 390 Bay Ave., Patchogue, NY 11772	
Services Offered: Clothing closet that people choose clothing from.	
Angels of Long Island	Phone: (631) 803-6775
Website: https://www.angelsolongisland.com/	
Address: 350-23 E Main St, East Patchogue, NY 11772	
Services Offered: Range of services and goods for those in need. Contact them for more info.	
Career Couture	Phone: (631) 853-6769
Website: https://suffolkcountyny.gov/Departments/Labor/Career-Couture	
Address: 725 Veterans Memorial Hwy, Hauppauge, NY 11788	
Services Offered: Suffolk County One-Stop boutique offering free business attire. Contact them for more information.	

Housing and Shelter Assistance

For more help, contact resources listed under community resources.

Rental Assistance

Emergency Service Program Outreach by Our Lady of Lourdes Church	Phone: (631) 661-0224
Important Info: Only serves parts North Babylon, West Islip, and Bay Shore	
St. Vincent de Paul	Phone: (631) 698-0284
Services Offered: Help with rent and utilities	
Section 8 Rental Assistance Program by Town of Smithtown	Phone: (631) 471-1215
Services Offered: Help with rent and utilities	
Federation of Organizations, Town of Brookhaven Homeless Prevention Services	Phone: (631) 447-6460 ext. 2109
Email: mmoran@fedoforg.org	
Services Offered: Rental and housing assistance, utility payments, case management, relocation expenses, security deposits	

Housing/Shelter

Suffolk County Department of Social Services	Phone: (631) 854-9930 After-Hours: (631) 854-9100
Website: www.suffolkcountyny.gov/Departments/SocialServices/DSSHome	
Address: Please visit website for locations	
Services Offered: Getting help with housing, utilities, or child care in Suffolk County begins with a call to the Department of Social Services.	

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Family Service League	Phone: (631) 647-3100
Website: https://www.fsl-li.org/	
Services Offered: Emergency housing for families.	
Hands Across Long Island	Phone: (631) 234-1925
Website: https://hali88.org/	
Address: 159 Brightside Ave., Central Islip, NY 11722	
Services Offered: Housing program. Please call for availability and more information.	
Pax Christi Hospitality Center	Phone: (631) 928-9108
Website: http://www.hhm.org/index.html	
Address: 255 Oakland Ave., Port Jefferson, NY 11777	
Services Offered: 24-bed emergency shelter for men over the age of 16.	
Extra Info: Part of the Hope House Ministries network.	
Homeless Long Island	Phone: (631) 260-1363
Website: HomelessLongIsland.com	
Services Offered: Food pantry locator, info on emergency shelters, detox and rehab centers. Bi-lingual Spanish	
Mercy Center- Independent Living	Phone: (631) 758-7616
Address: 296 River Ave., Patchogue, NY 11772	
Services Offered: Girls only homeless shelter.	

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Mercy House	Phone: (631) 563-0454
Website: https://www.mercycenterministries.org/mercy-house.html	
Address: 5 Sejon Dr., Sayville, NY 11782	
Services Offered: Home for pregnant or parenting mothers ages 18-24.	
Long Island Housing Services, Inc.	Phone: (631) 567-5111 (516) 292-0400
Website: https://www.lifairhousing.org/	
Address: 640 Johnson Ave., Suite 8, Bohemia, NY 11716	
Services Offered: Affordable first time home buyer resources, tenants rights, housing disputes.	
Help Suffolk	Phone: (631) 286-2400
Address: 685 Brookhaven Ave., Bellport, NY 11713	
Services Offered: Shelter for married couples and their family.	
Haven House Bridges	Phone: (631) 231-3619
Website: https://tsli-hhb.org/	
Address: 840 Suffolk Ave., Brentwood, NY 11717	
Services Offered: Community residence program. Call for more info.	
Hope House Ministries	Phone: (631) 928-2377
Website: hhm.org	
Address: PO Box 358, Port Jefferson, NY 11777	
Services Offered: They have many programs to help men and women in different situations. Call them for more info.	

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Bethany House	Phone: (516) 868-6866
Website: https://www.bhny.org/	
Address: 625 Demott Ave., Baldwin, NY 11510	
Services Offered: Shelter for women and women with children experiencing homelessness.	
Mercy Haven	Phone: (631) 277-8300
Website: http://www.mercyhaven.org/	
Address: 859 Connetquot Ave., Suite, Islip Terrace, NY 11752	
Services Offered: Housing programs. Call for more info.	
Long Island Housing Partnership	Phone: (631) 435-4710
Website: https://www.lihp.org/	
Address: 180 Oser Ave., Suite 800, Hauppauge, NY 11788	
Services Offered: Housing programs. Call for more info.	
Mommas House	Phone: (516) 781-8637
Website: https://www.mommashouse.org/	
Address: 3100 Hempstead Tpke, Levittown, NY 11756	
Services Offered: Shelters for women ages 18-24 and their children.	
Community Housing Innovations	Phone: (631) 475-6390
Website: https://www.communityhousing.org/	
Address: 285 Sills Rd., Building 16, East Patchogue, NY 11772	
Services Offered: First time homeowner grants.	

Long Island Coalition for the Homeless	Phone: (631) 464-4314
Website: https://www.addressthehomeless.org/	
Address: 600 Albany Ave., Amityville, NY 11701	
Services Offered: Emergency, transitional, and permanent low-cost housing.	

Winter Shelters

Huntington Interfaith Homeless Initiative (HIHI)	Phone: (631) 427-3700
Email: restorehope@fsl-li.org	
Services Offered: Winter Shelter Program from November- March for single adults; breathalyzer test is required.	
Maureen’s Haven	Phone: (631) 727-6831
Meeting Spot: Riverhead LIRR; rowing church locations (Riverhead/ East End)	
Services Offered: Winter Shelter Program from November-March for single adults	

Youth Shelters

Hope for Youth	Phone: (516) 659-0923
Website: https://www.hfyny.org/	
Address: 201 Dixon Ave., Amityville, NY 11701	
Services Offered: Runaway and homeless youth shelter, ages 12-17.	
Timothy Hill Ranch-Riverhead campus	Phone: (631) 369-1234 Hours: Mon-Fri, 9AM-5PM
Website: https://www.addressthehomeless.org/	

Address: 298 Middle Road, Riverhead, NY 11901

Services Offered: Housing for homeless individuals 18-24. Primary group residence for ages 13-21

Utilities Assistance

Home Energy Assistance Program – HEAP (Suffolk and Nassau)

Suffolk County DSS: (631) 853-8825
After-Hours: (631) 854-9100
Nassau County Phone: (516) 227-8519

Website: otda.ny.gov/programs/heap

Address: Please visit website for locations.

Services Offered: The Home Energy Assistance Program (HEAP) helps low-income people pay the cost of heating their homes. If you are eligible, you may receive one regular HEAP benefit per program year and could also be eligible for emergency HEAP benefits if you are in danger of running out of fuel or having your utility service shut off.

Extra Info: On Long Island this program is administered by the local Department of Social Services office. Please contact them through the phone numbers above for more information on this program.

PSEG Household Assistance

Phone: 1-800-490-0025

Website: <https://www.psegliny.com/myaccount/customersupport/financialassistance/householdassistance>

Services Offered: Assistance with paying for energy bills through lower rates for those on Medicaid, SNAP, SSI, Temporary Family Assistance, and Veterans Pensions.

PSEG- Nancy Campo LMSW

Phone: (631) 844-3853/ (516) 743-5978

Address: 15 Park Dr. Melville, NY 11747

Email: nancy.campo@pseg.com

Services Offered: Help with electric bills.

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Project Warmth (United Way)	Phone: 1-888-774-7633
Website: www.unitedwayli.org/projectwarmth	
Services Offered: One-time funding to pay oil/utility bills for Nassau and Suffolk residents facing heating emergencies.	
Extra Info: This program is only available during the winter months.	
Bellport Hagerman East Patchogue Alliance	Phone: (631) 286-9236
Website: www.bhepallianceinc.org	
Address: 1492 Montauk Hwy., Bellport, NY 11713	
Services Offered: Budget counseling, job readiness training, utilities assistance.	
Extra Info: Tuesday 10am-1pm there is help for bills, food stamps, and jobs. PSEG, DOL, DSS.	

Family, Pregnancy, Early Childhood, and Youth

These resources can help you with mentoring, pregnancy needs, domestic violence, child abuse, and more. There is help available today.

Pregnancy Services

Soundview Pregnancy Services	Phone: (631) 676-7990
Website: www.SoundviewPregnancyServices.org	
Address: <i>Suffolk Location</i> 1919 Middle Country Rd Centereach, NY 11720	<i>Nassau Location</i> 1975 Hempstead Turnpike East Meadow, NY 11554
Services Offered: Counseling, adoption referrals, pregnancy support, ultrasounds.	
American Pregnancy Helpline	Phone: 1-866-942-6466
Website: www.TheHelpline.org	
Services Offered: Education and information on pregnancy health.	
Safe Haven for Babies	Phone: 1-888-510-2229
Website: SafeHaven.tv	
Services Offered: Hotline for information about where you can bring a newborn child you are unable to care for.	

Early Childhood

Car Seats	Phone: (718) 470-7178
Jillian Savino: JSavino@northwell.edu	
Jessica Grella: jgrella@northwell.edu	

Long Island Head Start	Phone: (631) 758-5200
Address: 98 Austin Street, Patchogue, NY 11772	
Services: No-Cost Preschool Services. For children ages 3-5.	
Safe Kids New York	Phone: (516) 881-7000
Website: www.safekids.org/coalition/safe-kids-new-york	
Address: 175 Community Dr., Great Neck, NY 11021	
Services Offered: Car-seat checkups, safety workshops and sports clinics, that help parents and caregivers prevent childhood injuries.	
Extra Info: Operated by North Shore LIJ Hospitals	

Youth

Long Island Youth Mentoring	Phone: (631) 242-5101
Website: www.LIYouthMentoring.com	
Address: 153 McNair St., Brentwood, NY 11717	
Services Offered: Youth mentoring, tutoring, family mentoring, foster care mentoring.	
Patchogue-Medford Youth & Community Services	Phone: (631) 758-4100
Website: https://www.pmycs.org	
Address: 390 Bay Ave., Patchogue, NY 11772	
Services Offered: Counseling Services, After-school Programs, Assistance Programs, Food Pantry, Clothes Closet	

Family

Tragedy Assistance Program for Survivors (TAPS)	Phone: 1-800-959-8277 (24 hours a day)
Website: www.taps.org	
Services Offered: Assistance for families of deceased military members.	

Domestic Violence Resources

Give Back a Smile	Phone: 800-543-9220
Website: https://www.givebackasmile.com/	
Services Offered: Provides free consultation and dental treatment to restore the smiles of domestic violence survivors	
Extra Info: givebackasmile@aacd.com	
Brighter Tomorrows	Phone: (631) 395-1800
Website: https://brightertomorrowsinc.org/	
Services Offered: Counseling, legal and court advocacy, education and prevention, and shelter programs.	
Extra Info: Call for more info. and the address.	
Long Island Against Domestic Violence	Phone: (631) 666-8833
Website: www.liadv.org	
Address: 320 Carleton Avenue, Suite 8000, Central Islip, NY 11722	
Services Offered: Hotline, emergency shelter, legal counseling, support groups; orders of protection.	

ECLI VIBES	Phone: (631) 360-3730
Website: https://eclivibes.org/ https://eclivibes.org/resources	
Address: 185 Oval Dr., Islandia, NY 11749	
Services Offered: 24 Hour Hopeline (call the number above), as well as these programs: Counseling, advocacy, youth, legal, housing, sexual assault forensic examiner, anti-human trafficking, community pantry, volunteer, and internship.	
The Retreat, Inc.	Phone: (631) 329-2200 (24 Hour hotline); (631) 329-4398- office
Website: https://allagainstabuse.org/	
Address: 13 Goodfriend Dr., East Hampton, NY 11937	
Services Offered: Shelter, counseling, legal, case management, prevention education.	

Domestic Violence and Abuse Hotlines

National Child Abuse Hotline	Phone: 1-800-422-4453
Website: www.childhelp.org	
Services Offered: CONFIDENTIAL phone based hotline, prevention programs, intervention programs, treatment programs for instances of child abuse.	
National Domestic Violence Hotline	Phone: 1-800-799-7233
Website: www.thehotline.org	
Services Offered: Phone and website based hotline; information and help for domestic violence and abuse victims.	
NYS Domestic & Sexual Violence Hotline	Phone: 800-942-6906
Website: https://www.211wny.org/provider/4494/	
Services Offered: Domestic violence and sexual assault hotlines.	

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Love is Respect (Teen Dating Abuse) Hotline	Phone: 1-866-331-9474
Website: www.loveisrespect.org	
Services Offered: Phone, Text, and Website based Hotline; Information, Help, and Referrals for Dating and Sexual Abuse.	
Human Trafficking Hotline	Phone: 1-888-373-7888
Website: HumanTraffickingHotline.org	
Services Offered: Support for victims and survivors of human trafficking. Phone, text, and internet-based hotline.	
Runaway Youth Hotline	Phone: 1-800-786-2929
Website: www.1800runaway.org	
Services Offered: Confidential Hotline for runaway teens, Mediation between teens and parents.	
National Center for Missing Children Tipline	Phone: 1-800-843-5678
Website: www.missingkids.com	
Services Offered: Confidential tip-line to report missing children.	

Senior Services

These services are for people over 60/65 years old. From food assistance to home-care and recreational activities, you can find many needs met with these resources.

Food Assistance

Primetime Home Delivered Meals	Phone: (631) 286-7624
Address: 146 South Country Rd., Bellport, NY 11713	
Services Offered: One hot meal a day delivered to homebound seniors 60+. They deliver to Selden, Centereach, Medford, Bellport, Patchogue, E. Patchogue, and Farmingville.	
Faith Baptist Church- Food Pantry	Phone: (631) 732-1133
Address: 10 Teller Ave., Coram, NY 11727	
Services Offered: Food pantry, Wednesdays from 9am-2pm, BY APPOINTMENT ONLY and recreational activities for seniors.	

Community Service

SeniorNet at Family Service League	Phone: (631) 470-6757
Website: https://www.seniornetli.org/	
Address: 790 Park Ave., Huntington, NY 11743	
Services Offered: Computer and technology instruction for seniors 50 and over.	

In-Home Care

Visiting Nurse Service and Hospice of Suffolk	Phone: (631) 261-7200
Website: https://visitingnurseservice.org/	
Services Offered: Home health care, and hospice and palliative care.	

Suffolk County Office of the Aging	Phone: (631) 853-8200
Website: https://aging.ny.gov/location/suffolk-county-office-aging	
Address: H. Lee Dennison Building, 3rd Floor 100 Veterans Memorial Hwy., P.O. Box 6100 Hauppauge, NY 11788	
Services Offered: In-home care. Call them for more info.	

Other

Suffolk AHRC	Phone: (631) 585-0100
Website: https://www.ahrcsuffolk.org/	
Address: 2900 Veterans Hwy., Bohemia, NY 11716	
Services Offered: Programs and services to children and adults with intellectual and other developmental disabilities on Long Island.	
Ronkonkoma Senior Center	Phone: (631) 467-3324
Address: 299 Rosedale Ave., Ronkonkoma, NY 11779	
Services Offered: Recreational activities for seniors in Islip.	
Eldercare Locator	Phone: 800-677-1116
Website: https://eldercare.acl.gov/Public/Index.aspx	
Services Offered: Support services, housing, elder rights, insurance and benefits, health, and transportation.	
Elder Abuse	Phone: 631-854-3232 24 hour hotline: 631-360-3606
Website: https://eldercare.acl.gov/Public/Index.aspx	
Services Offered: Hotline to assist older people who are experiencing physical, emotional, financial, sexual abuse or neglect.	

Military and Veterans Resources

Special resources exist exclusively for active duty service members, veterans, and families. If you served, you can receive assistance with medical needs, finding a job, and more. For general questions, please contact the Suffolk County Veterans Service Agency first.

Housing, Benefits, and Assistance

Suffolk County Veterans Service Agency	Phone: (631) 853-8387
Website: www.suffolkcountyny.gov/veterans/Home	
Address: H. Lee Dennison Building, 100 Veterans Memorial Highway, 3rd Floor, Hauppauge, NY 11788-0099	
Services Offered: Benefits assistance, housing help, transportation.	
EOC of Suffolk	Phone: (631) 289-2601
Website: https://eoc-suffolk.com/	
Address: 31 West Main St., Suite 300, Patchogue, NY 11772	
Services Offered: SSVF program services for veterans	

Employment/Career

Suffolk County Department of Labor	Phone: (631) 853-6600
Website: www.suffolkcountyny.gov/Departments/Labor/EmploymentCenter	
Address: 725 Veterans Memorial Highway, Building 17, Hauppauge, NY 11788	
Services Offered: Veterans reps, employment reps, phones, free internet & resume writer access computers are on site. Representatives are available with an appointment. Full range of jobseeker and employer services. Full service one stop career center.	

Veterans Employment Services Office	Phone: (202) 693-4700
Website: www.vaforvets.va.gov	
Services Offered: Career training workshop. Job search database for Veterans transferring to civilian life.	
American Jobs Center	Phone: (631) 687-4800
Services: Monday- Friday 8:30am-5pm	

Health/Mental Health

Northport VA Medical Center	Phone: 631-261-4400
Website: https://www.va.gov/northport-health-care/	
Address: 79 Middleville Rd., Northport, NY 11768	
Services Offered: Connected to all satellite locations through Suffolk County.	
Tragedy Assistance Program for Survivors (TAPS)	Phone: 1-800-959-8277- All Day (24/7)
Website: www.taps.org	
Services Offered: Assistance for families of deceased military members. Immediate & long term emotional help regardless of relationship to deceased or circumstance	
Veterans Crisis Line	Phone: 1-800-273-8255, press 1
Website: www.veteranscrisisline.net	
Services Offered: Crisis support hotline for veterans and active duty military, Confidential phone and text-message support.	

Addiction Help

If you or someone you know is fighting a drug addiction, these resources can help you find the right place to begin healing and recovering. There is help today.

Outpatient Treatment

Outreach	Phone: (631) 286-0700
Website: https://opiny.org/	
Address: 11 Farber Dr., Bellport, 11713	
Services Offered: Outpatient treatment for alcohol and substance abuse.	
L.I. Community Hospital- Outpatient Substance Abuse Support	Phone: (631) 852-1070
Website: https://licommunityhospital.org/chemical-dependency/	
Address: 550 Montauk Hwy., Shirley, NY 11967	
Services Offered: Many services and programs for substance abuse. Contact them for more info.	
YMCA of Long Island Family Services	Phone: (631) 580-7777
Website: https://ymcali.org/locations/ymca-family-services/about	
Address: 1150 portion Rd., Suite 6, Holtsville, NY 11742	
Services Offered: Outpatient substance abuse and treatment services.	

Community Counseling Services of Ronkonkoma	Phone: (631) 471-3122
Website: https://ccsli.org/	
Address: 3281 Veterans Memorial Hwy., Suite E-14, Ronkonkoma, NY 11779	
Services Offered: Outpatient substance abuse, mental health treatment.	
John T. Mather- Alcohol and Substance Abuse Program	Phone: (631) 331-8200
Address: 100 Highlands Blvd. #101, Port Jefferson, NY 11777	
Services Offered: Outpatient treatment program, counseling, and referrals. Call them for more info.	

In-Patient Treatment

Long Island Teen Challenge	Phone: (631) 321-7070
Website: www.newyorkteenchallenge.com/locations/long-island-teen-challenge	
Services Offered: Residential rehab programs, vocational training for men, both teens and adults.	
LI Council on Alcoholism and Drug Dependence	Phone: (516) 747-2606
Website: https://licadd.org/	
Services Offered: Prevention programs, treatment referrals, and relapse prevention. Anger management programs- early intervention for Middle and High School.	

Talbot House	Phone: (631) 589-4144
Website: www.catholiccharities.cc/our-services/chemical-dependence	
Address: 30–C Carlough Rd., Bohemia, NY 11716	
Services Offered: Detox management, program referrals, short-term counseling, support groups, transportation.	
Extra Info: Part of the Catholic Charities organization.	
Phoenix House	Phone: 1-844-815-1508
Website: https://phoenixhouseny.org/	
Address: Various locations in New York and on Long Island.	
Services Offered: Help with addictions, recovery support, outpatient services. Call for more info.	
Hoving House	Phone: 845-424-3674
Website: https://hovinghome.org/	
Address: Various locations across the USA. The NY location is in Garrison.	
Services Offered: help with addictions, recovery support, outpatient services for women. Call for more info.	

Support Groups

Suffolk County Alcoholics Anonymous	Phone: (631) 669-1124
Website: www.suffolkny-aa.org	
Address: Visit website for information on meeting locations.	
Services Offered: Alcoholism support groups across Suffolk County.	

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Abundant Life Church of God	Phone: (631) 588-7704
Website: https://christianchurchlongisland.org/	
Address: 440 Furrows Rd., Holbrook, NY 11741	
Services Offered: Christian based 12-step recovery program. Call for more info.	
Suffolk County Narcotics Anonymous	Phone: (631) 884-9500
Website: www.sasna.org	
Address: Visit website for information on meeting locations	
Services Offered: Narcotics addiction support groups across Suffolk County.	
Al-Anon Family Groups	Phone: N/A
Website: https://al-anon.org/newcomers/what-is-al-anon-and-alateen/	
Services Offered: Help and hope for families and friends of alcoholics. Meetings are held all over. Contact them for more info.	
Mothers Against Drunk Driving	Phone: (631) 547-6233
Website: https://madd.org/	
Services Offered: Support and help for victims of drunk driving. Contact them for more info.	

Celebrate Recovery

Website: www.celebraterecovery.com

Address: Visit website for information on meeting locations

Services Offered: Christian-oriented 12-step recovery program, hosted by local churches. Weekly group meetings to help along the way. Aims towards recovery from addiction, sexual abuse, eating disorder, gambling problem, co-dependency, relational abuse.

Extra Info: Information on group meetings can be found at: locator.crgroups.info

Group meetings (as of 2023) occur at:

The Journey Church

424 Columbus Avenue | East Patchogue, NY 11772 | 631-484-8063

C3 Church Long Island

320 Broadway Greenlawn Road | Huntington, NY 11743 | 631-271-0272

Axis Church

2839 Route 112 | Medford, NY 11763 | 631-732-7682

Smithtown Gospel Tabernacle

1 Higbie Drive | Smithtown, NY 11787 | 631-804-1938

Health, Disability, and Mental Health Resources

Select resources strive to accommodate individuals with mental and physical disabilities and struggles. Reach out for more information.

For domestic violence resources, please see the Family, Pregnancy, and Early Childhood section

Health

Sun River Health	Phone: (631) 268-1008
Website: https://www.sunriver.org/	
Address: 501 N Ocean Ave., Patchogue, NY 11772	
Services Offered: Healthcare, emergency appts, sliding scale, dental and eye care. Proof of income if you have income.	
Long Island Select Health Center	Phone: (631) 650- 2510
Website: https://www.lishcare.org/	
Address: 159 Carleton Ave., Central Islip, NY 11722	
Services Offered: Healthcare, dental, and more. Virtual and urgent care visits. Call for more info.	
Stony Brook Dental School	Phone: (631) 632-8989, press 4
Website: https://dentistry.stonybrookmedicine.edu/	
Address: Stony Brook School of Dental Medicine, South Drive, Stony Brook, NY 11794	
Services Offered: Pediatric and adult dental services	
Give Back a Smile	Phone: 800-543-9220
Website: https://www.givebackasmile.com/	
Services Offered: Provides free consultation and dental treatment to restore the smiles of domestic violence survivors	
Extra Info: givebackasmile@aacd.com	

Medical Item Assistance

Society for Lending comforts to the Sick- Smithtown	Phone: (631) 265-1674
Website: https://www.lendingcomforts.org/	
Services Offered: Lends medical equipment such as wheelchairs, walkers, canes, etc. to those in need.	
Henrietta Acampora Rec. Center- Comfort Aids	Phone: (888) 451-6163 Hours: Mon-Fri, 9AM-3PM
Website: https://www.brookhavenny.gov/1115/Henrietta-Acampora-Recreation-Center	
Services Offered: Lends medical equipment such as wheelchairs, walkers, canes, and shower chairs, for free to Town of Brookhaven Residents. LIMITED SUPPLY; first come, first served.	
Sayville-Cabinet for the Sick	Phone: (631) 589-1070 Hours: Mon-Fri, 12PM-3:30PM
Services Offered: Lends medical supplies out to residents of Bayport, Bohemia, Holbrook, Oakdale, Sayville, and West Sayville. Must show proof of residency.	

HIV/AIDS Services

Sun River Health- Health Home Program	Phone: (888) 980-8410
Website: https://www.sunriver.org/social-support/programs/health-home/	
Services Offered: A wide range of services, including for HIV/AIDS.	
HIV/AIDS Hotline	Phone: (800) 541-2437
Services Offered: General information and referral to HIV counseling and testing, including anonymous HIV counseling and testing sites.	
Thursday's Child	Phone: (631) 447-5044
Website: https://thursdayschildofli.org/	
Address: 475 E Main St., Patchogue, NY 11772	
Services Offered: Advocacy, referrals, rapid HIV testing, and counseling services.	

Disability

Developmental Disabilities Institute	Phone: (631) 366-2900
Website: https://www.ddiny.org/	
Address: 99 Hollywood Dr., Smithtown, NY 11787	
Services Offered: Autism services, as well as children and adult services.	
YAI: Seeing Beyond Disability	Phone: (631) 967-7100
Website: https://www.yai.org/	
Services Offered: Range of services. Contact them for more info.	
The Social Brain	Phone: (631) 793-4311
Website: https://thesocialbrain.org	
Address: 496 Hawkins Rd., Selden, NY 11784	
Services Offered: Socialization for individuals with traumatic brain injuries; outdoor activities, school groups, medical supplies pantry.	
Friendship Unlimited Ministries (Island Christian Church)	Phone: (631) 822-3000
Website: islandchristian.com/ministries/special-ministries/disability	
Address: Based at Island Christian Church: 400 Elwood RD., E. Northport, NY 11731	
Services Offered: Church Sunday School program for individuals with special needs and those struggling with disabilities. Recreation and Awareness events for individuals and their families. Special visitation ministry for shut-ins and those in hospitals.	
Extra Info: Adult Special Education Sunday School program meets Sundays 11:00am–12:30pm.	

Mental Health

Association for Mental Health and Wellness	Phone: (631) 471-7242 ext.2 (helpline)
Website: http://mhaw.org/	
Address: 939 Johnson Ave., Ronkonkoma, NY 11779	
Services Offered: A range of services. Contact them for more info.	
National Alliance for Eating Disorders	Phone: 866-662-1235
Website: www.nationaleatingdisorders.org/help-support/contact-helpline	
Services Offered: Phone, text, and website based hotline for help with eating disorders.	
Federation of Organizations	Phone: (631) 236-4325
Website: https://www.fedoforg.org/	
Address: 456 Waverly Ave., Patchogue, NY 11772	
Services Offered: Clinical, residential, and outpatient	
Office of Mental Health and Hygiene	Phone: (631) 853-8500
Website: www.suffolkcountyny.gov/Departments/HealthServices/MentalHygiene	
Address: Please visit the website for office and clinic locations.	
Services Offered: Mental health clinics, methadone maintenance programs, intake systems for high-risk mental health issues.	
Fairy Godmother Foundation of NY	Phone: (631) 314-8317
Website: https://www.nyfairygodmother.org/about-us	

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Services Offered: Range of services, including: eyeglasses for children, as well as a mini “Make A Wish” for children and young adults suffering from a death, health, or mental health. Ask for Ms.Marell.	
Crisis Mental Health- DASH	Phone: (631) 952-3333
90 Adams Ave. Hauppauge, NY 11788	
Services Offered: 24/7 Mental Health help. Will assess and refer out unless in crisis- they will respond ASAP	
Family Care Counseling	Phone: (631) 744-5500
Services Offered: Christian counseling for families or individuals; sliding scale payment available.	
Family Counseling Service	Phone: (631) 399-9217
Address: 464-10 William Floyd Pkwy., Shirley, NY 11967	
Services Offered: Counseling and treatment programs for mental health and substance abuse. Contact them for more info.	
Suffolk County Mobile Crisis Team	Phone: (631) 952-3333
Services Offered: Crisis Intervention for ALL ages. Operates 24/7 daily.	
Suffolk County Response Crisis Center	Phone: 988
Website: www.responsecrisiscenter.org	
Services Offered: Crisis Counseling and Support, Online Crisis Counseling, Suicide Prevention; available 24/7	
Middle Earth Hotline	Phone: (516) 679-1111
Website: www.crisistextline.org	
Services Offered: Crisis counseling hotline; available 24/7.	
Extra Info: For Senior Citizen help, call: 516-679-0000 (short term counseling only).	

Association for Mental Health & Wellness	Phone: (631) 471-7242 ex. 1324 (631) 369-0022
Website: mhaw.org	
Address: 939 Johnson Ave., Ronkonkoma, NY 11779 1380 Roanoke Ave. Riverhead, NY 11901	
Services Offered: Peer support, program referrals, veterans services, workforce training.	
North Star Counseling Services	Phone: (631) 305-4582
Address: 600 Johnson Ave., Bohemia, NY 11716	
Services Offered: Licensed psychotherapist specializing in addictions, anxiety, depression, and anger.	
Extra Info: Accepted insurance plans: Fidelis, Medicaid, Health First, Out of Network, MagnaCare.	
Patchogue-Medford Youth and Community Services	Phone: (631) 758-4100
Website: https://www.pmycs.org/	
Address: 390 Bay Ave., Patchogue, NY 11772	
Services Offered: Counseling, support groups, after school and summer programs.	

Counselors in Suffolk County

Kathleen VanEssendelft, Family Care Counseling	Phone: 631-744-5500
Website: familycarecounseling.weebly.com	
Services Offered: Depression, anxiety, eating disorders, parenting/family issues, ADHD, OCD.	
Extra Info: Accepts most forms of Insurance of HMO plans.	

Pastor Scott Kraniak, Centereach Bible Church	Phone: (631) 732-3283
Website: cbctruth.com/counseling	
Address: Please call the office for information.	
Services Offered: Depression, anxiety, and suicide prevention.	
Extra Info: Read Pastor Scott's blog at DepressionAnxietyGod.blogspot.com	
Kara Bocchino (LCMHC)	Phone: (631) 533-2707
Services Offered: Day-to-day challenges, relationship issues, work stress, depression, anxiety. Individuals, families, couples, and groups.	
Extra Info: Can be contacted via email at: Kara@AxisNY.org	

Emergency Hotlines

These emergency hotlines are ways for you to talk with trained crisis response experts and learn about more ways you can receive help. Each hotline is anonymous, so your information is safe and confidential.

Crisis Intervention

Suffolk County Mobile Crisis Team	Phone: (631) 952-3333
Website: Brochure available at www.nyconnects.ny.gov/services/suffolk-county-mobile-crisis-team-omh-pr-901200013034	
Services Offered: Crisis Intervention involving individuals OVER 18 years of age.	
Extra Info: Operates 10:00am - 11:00pm daily	
Children’s Mobile Crisis Team	Phone: (631) 952-3333
Website: Brochure available at www.omh.ny.gov/omhweb/transformation/docs/limit.pdf	
Services Offered: Crisis intervention involving children UNDER 18 years old.	
Extra Info: Operates 11:00am - 7:00pm daily	
Suffolk County Response Crisis Center	Phone: (631) 751-7500
Website: www.responsecrisiscenter.org	
Services Offered: Crisis Counseling and Support, Online Crisis Counseling, Suicide Prevention	
Crisis Textline	Phone: 516-679-1111
Website: www.crisistextline.org	
Services Offered: Talk with Crisis counselors; available 24/7; For Senior Citizen help, call: 516-679-0000 (short term counseling)	

Suicide Prevention

988 Suicide & Crisis Lifeline	Phone: 988
Website: https://988lifeline.org/current-events/the-lifeline-and-988/	
Services Offered: Suicide intervention, crisis assistance.	
Boys Town Hotline	Phone: 1-800-448-3000
Website: https://www.boystown.org/hotline/Pages/default.aspx	
Services Offered: 24 hour help for your adults/teens contemplating suicide, who are abused, depressed, victims of domestic violence, and sexual abuse.	

Self-Injury Hotline

Crisis Text Line	Text HOME to 741741
Website: https://www.crisistextline.org/topics/self-harm/#pass-741741-on-to-a-friend-8	
Services Offered: Free 24/7 support for self-injury.	

Pregnancy and Newborns

Safe Haven for Babies	Phone: (888) 510-2229
Website: SafeHaven.tv	
Services Offered: Hotline for information about where you can bring a newborn child you are unable to care for.	
Soundview Pregnancy	Phone: (888) 709-3227
Website: SoundviewPregnancy.com	
Services Offered: Provides abortion education, ultrasounds, pregnancy tests, and assistance during pregnancy.	

Runaway and Lost Children

Runaway Youth Hotline	Phone: 1-800-786-2929
Website: www.1800runaway.org	
Services Offered: Confidential Hotline for runaway teens, mediation between teens and parents.	
National Center for Missing Children Tipline	Phone: 1-800-843-5678
Website: www.missingkids.com	
Services Offered: Confidential tip-line to report missing children.	

Addiction and Gambling

New York Substance Abuse Hotline	Phone: (877) 846-7369
Website: www.oasas.ny.gov/accesshelp	
Services Offered: Confidential hotline. Provides information on resources for drug, alcohol, and gambling addiction treatment and prevention.	

Crime Victims

Safe Horizon Crime Victims Hotline	Phone: 1-866-689-4357
Website: www.safehorizon.org/hotlines	
Services Offered: Support for families and victims of crime, including homicide; available 24/7.	

Others

Elder Abuse	Phone: 631-854-3232 24 hour hotline: 631-360-3606
Website: https://eldercare.acl.gov/Public/Index.aspx	
Services Offered: Hotline to assist older people who are experiencing physical, emotional, financial, sexual abuse or neglect.	

Veterans Crisis Line	Phone: 1-800-273-8255, press 1
Website: www.veteranscrisisline.net	
Services Offered: Crisis support hotline for veterans and active duty military, Confidential phone and text-message support.	

Career, Educational, and Legal Services

There are programs that exist solely to assist with career guidance, legal matters, and education. Below are some resources to get you started in the direction of your goals.

Jobs/Careers

NYS Dept. of Labor- Jobs Center	Phone: (631) 687-4800
Website: https://dol.ny.gov/location/workforce-new-york-career-center	
Address: 160 South Ocean Ave., Patchogue, NY 11772	
Services Offered: Career counseling, and job placement assistance.	
Family Service League	Phone: (631) 647-3100
Website: https://www.fsl-li.org/	
Services Offered: Job skill improvement and job placement. Contact them for more info.	
United Way- Long Island	Phone: (888) 774-7633
Website: https://www.unitedwayli.org/	
Address: 819 Grand Blvd., Deer Park, NY 11729	
Services Offered: Career placement. Call them for more info.	

Education and Life Skills

NewGround	Phone: (516) 564-4164
Website: https://newground.org	
Address: 70 Acorn Ln., Levittown, NY 11756	
Services Offered: Employment counseling, financial literacy, life skills development including parenting and household maintenance, educational tutoring, reading assistance, education advocacy, tuition assistance; Especially for displaced families and veterans.	

Literacy Suffolk	Phone: (631) 286-1649
Website: https://literacysuffolk.org/	
Address: 627 N. Sunrise Highway Service Rd., Bellport, NY 11713	
Services Offered: Tutoring adults to improve their ability to read, write, and speak English.	

Legal Assistance

Law Help NY	Phone: N/A
Website: lawhelp.org/ny	
Services Offered: Hotline numbers and services available for a wide range of legal help. Contact them for more info.	
Legal Aid Society	Phone: (631) 853-5212 - Criminal (631) 853-4343 - Family
Website: https://ww2.nycourts.gov/courts/10jd/suffolk/dv_legalaid.shtml	
Address: Legal Aid Society of Suffolk County John P. Cohalan, Jr. Courthouse 400 Carleton Ave., 4th Floor Central Islip, NY 11722	
Services Offered: Provides counsel in the Criminal and Family Court matters to persons who, in the opinion of the Court, are financially unable to afford private counsel.	
Nassau/Suffolk Law Services	Phone: (516) 292-8100 - Hempstead (631) 232-2400 - Islandia (631) 369-1112 - Riverhead
Website: https://www.nslawservices.org/	
Services Offered: A range of services available. Call them for more info.	

Pet Help

If you're struggling financially it can be hard to care for your animals. Thankfully, there is help available on Long Island to assist you with food and veterinary services.

Pet Food Assistance

Nobody Starves on Long Island	Phone: (631) 484-3085
Website: www.nosoli.org	
Services Offered: Emergency support for Pet Food and Veterinary Bills, Animal Adoption Help, Animal Rescue, Feral Cat reduction	
Baxter's Pet Pantry	Phone: (631) 991-8106
Website: https://www.licares.org/what-we-do/feed-long-island/baxters-pet-pantry/	
Address: 161 North Wellwood Ave., Lindenhurst, NY 11757	
Services Offered: Provide emergency food assistance for family pets. Open Monday-Friday by appointment only. Call for more info.	

Others

Lost Dog Search and Rescue	Phone: (516) 983-4484 (516) 996-4525
Facebook: @LIDogTrackers	
Services Offered: Helps search for lost dogs	