

Lighthouse Mission Resource List

This list contains several types of resources that can assist you and your family. Each section contains the name of the organization, their phone number, website, and address, when available. We also included information on the services that they offer and additional facts when necessary.

Resources for specific needs have been categorized to help you find what you need more easily. Within each category are sub-categories to assist you further. Please refer to the following Table of Contents to find the page number where you can find help.

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For more information about Lighthouse Mission, please visit our website:
www.LighthouseMission.com

Resource and Information Centers

Several local government offices and organizations can help direct you towards ways to get help and serve as the first stop on the path to getting assistance with housing, addiction recovery, family services, and more.

Government Offices

Suffolk County Department of Social Services

Phone: (631) 854-9930
After-Hours: (631) 854-9100

Website: www.suffolkcountyny.gov/Departments/SocialServices/DSSHome

Address: Please visit website for locations.

Services Offered: Getting help with housing, utilities, or child care in Suffolk County begins with a call to the Department of Social Services.

Call Centers

2-1-1 Long Island

Phone: Dial 2-1-1
or call 1-888-774-7633

Website: <https://www.211li.org/>

Services Offered: 2-1-1 Long Island is a Call Center operated by United Way of Long Island that can connect you with health and human services resources.

Extra Info: Phone number and online database. Phone number may be more helpful as the website is difficult to use.

NY Connects

Phone: 1 (800) 342-9871

Website: <https://www.nyconnects.ny.gov/welcome>

Services Offered: NY Connects staff can help link you to long term services and supports, such as home care, transportation and meals. Our goal is to help you live as independently as you wish to while meeting your medical, social and functional needs that arise from aging or disability. We can help individuals, families, caregivers, and professionals.

Community Services

Bellport Hagerman East Patchogue Alliance

Phone: (631) 286-9236

Website: www.bhepallianceinc.org

Address: 1492 Montauk Hwy., Bellport, NY 11713

Services Offered: Budget counseling, job readiness training, utilities assistance.

Extra Info: Tuesday 10am-1pm there is help for bills, food stamps, and jobs. PSEG, DOL, DSS.

Catholic Charities

Phone: (516) 733-7045

Website: www.catholiccharities.cc

Address: Catholic Charities, Diocese of Rockville Center, 90 Cherry Lane, Hicksville, NY 11801

Services Offered: Developmental disabilities residences, drug rehab, immigration/refugee resettlement, maternity services, and supplemental food assistance.

Family Service League

Phone: (631) 427-3700

Website: www.fsl-li.org

Address: 790 Park Ave., Huntington, NY 11743

Services Offered: Addiction services (mobile recovery unit), early childhood, emergency housing assistance, employment help, family counseling, trauma counseling, veterans assistance.

Patchogue-Medford Youth and Community Services

Phone: (631) 758-4100

Website: <https://www.pmycs.org/>

Address: 390 Bay Ave., Patchogue, NY 11772

Services Offered: Counseling, support groups, after school and summer programs.

Bellport Alliance

Phone: (631) 286-9236

Website: <https://www.bhepallianceinc.com/>

Address: 1492 Montauk Hwy., Bellport, NY 11713

Services Offered: Housing, counseling, utilities assistance, father initiative, "Quality of Life" program.

United Way of Long Island

Phone: 631-940-3700

Website: <https://www.unitedwayli.org/>

Address: 819 Grand Blvd., Deer Park, NY 11729

Services Offered: Solutions for lack of education, housing, healthcare, financial stability, stable employment.

Suffolk AHRC

Phone: (631) 585-0100

Website: <https://www.ahrcsuffolk.org/>

Address: 2900 Veterans Hwy., Bohemia, NY 11716

Services Offered: Programs and services to children and adults with intellectual and other developmental disabilities on Long Island.

Federation of Organizations

Phone: (631) 236-4325

Website: <https://www.fedoforg.org/>

Services Offered: Clinical services, residential services, and outreach services.

**Brookhaven Youth Bureau
Sanctuary Program**

Phone: (631) 451-8011

Website: <https://www.brookhavenny.gov/333/Counseling-Services>

Address: 1 Independence Hill, Farmingville, NY 11738

Services Offered: Counseling for ages 12-24: telehealth, zoom, and in-person available. Free crisis management, house referrals, and case management.

Food Assistance

Lighthouse Mission

Phone: (631) 758-7584

Website: LighthouseOutreach.com

Address: 1543 Montauk Hwy., Bellport, NY 11713

Services Offered: Mobile food pantry that brings free food and clothing to 10 different towns in Suffolk County every week. Visit the website for the full list of locations and times.

Mary Immaculate Church Pantry

Phone: (631) 286-3795

Website: <https://www.miparish.net/food-pantry>

Address: 16 Browns Ln., Bellport, NY 11713

Services Offered: Food pantry open Wednesdays 10-11am, 6-7pm; Friday 10-11am.

Long Island Cares

Phone: (631) 582-3663

Website: <https://www.licares.org/find-food/>

Address: 10 Davids Dr, Hauppauge, NY 11788

Services Offered: Food pantry and food locator. Contact them for more info.

Branches Long Island

Phone: (631) 448-7832

Website: <https://www.brancheslongisland.com/>

Address: 558 Middle Country Rd., Middle Island, NY 11953

Services Offered: They provide necessities to people in need. Food pantry, blessing boxes, and emergency bags. Call them for more info.

Island Harvest**Phone:** (516) 294-8528**Website:** <https://www.islandharvest.org/>**Address:** Various Location**Services Offered:** Food pantry for families, children, veterans, and seniors. Contact them for more info.**Three Village Meals On Wheels****Phone:** (631) 689-7070**Website:** <https://www.mealsonwheelsamerica.org/>**Address:** P.O. Box 853 Stony Brook, NY 11790**Services Offered:** Provides meals to residents in E. Setauket, Setauket, Stony Brook, Terryville, Port Jefferson, Miller Place, Mt. Sinai, North Selden, North Coram and North Centereach. No Age Minimum. Possible Fee.**East Hampton Meals On Wheels****Phone:** 631-329-1669**Website:** <https://www.mealsonwheelsamerica.org/>**Address:** 33 Newtown Lane East Hampton, NY 11937**Services Offered:** Weekend meals available.**Montauk Community Senior
Meals On Wheels****Phone:** 631-668-1023**Website:** <https://www.mealsonwheelsamerica.org/>**Address:** 240 Edgemere Street Montauk, NY 11954**Services Offered:**

Family and Youth Services

These resources can help you with mentoring, pregnancy needs, domestic violence, child abuse, and more. There is help available today.

Health Resources

Sun River Health

Phone: (631) 268-1008

Website: <https://www.sunriver.org/>

Address: 501 N Ocean Ave., Patchogue, NY 11772

Services Offered: Healthcare, emergency appts, sliding scale, dental and eye care. Proof of income if you have income.

Long Island Select Health Center

Phone: (631) 650- 2510

Website: <https://www.lishcare.org/>

Address: 159 Carleton Ave., Central Islip, NY 11722

Services Offered: Healthcare, dental, and more. Virtual and urgent care visits. Call for more info.

Stony Brook Dental School

Phone: (631) 632-8989, press 4

Website: <https://dentistry.stonybrookmedicine.edu/>

Address: Stony Brook School of Dental Medicine, South Drive, Stony Brook, NY 11794

Services Offered: Pediatric and adult dental services

Car Seats

Phone: (718) 470-7178

Jillian Savino: JSavino@northwell.edu

Jessica Grella: jgrella@northwell.edu

Long Island Head Start

Phone: (631) 758-5200

Address: 98 Austin Street, Patchogue, NY 11772

Services: No-Cost Preschool Services. For children ages 3-5.

Give Back a Smile

Phone: 800-543-9220

Website: <https://www.givebackasmile.com/>

Services Offered: Provides free consultation and dental treatment to restore the smiles of domestic violence survivors

Extra Info: givebackasmile@aacd.com

Clothing Resources

**Patchogue-Medford Youth and
Community Services**

Phone: (631) 758-4100

Address: 390 Bay Ave., Patchogue, NY 11772

Services Offered: Clothing closet that people choose clothing from.

Angels of Long Island

Phone: (631) 803-6775

Website: <https://www.angelsolongisland.com/>

Address: 350-23 E Main St, East Patchogue, NY 11772

Services Offered: Range of services and goods for those in need. Contact them for more info.

Furniture Resource

Open Door Exchange- Furniture Bank

Phone: (631) 751-0176

Website: <https://www.opendoorexchange.org/>

Address: 200 Wilson St., Building G, Port Jefferson Station, NY 11777

Services Offered: Free furniture.

Angela's House

Phone: (631) 730-8758

Website: <https://www.angelashouse.org/>

Address: 2052 Rte. 112, Medford, NY 11763

Services Offered: Accepts furniture and appliances. Sells at a cheap price.

Counseling

Family Care Counseling

Phone: (631) 744-5500

Services Offered: Christian counseling for families or individuals; sliding scale payment available.

Family Counseling Service

Phone: (631) 399-9217

Address: 464-10 William Floyd Pkwy., Shirley, NY 11967

Services Offered: Counseling and treatment programs for mental health and substance abuse. Contact them for more info.

Domestic and Sexual Abuse Resources

National Child Abuse Hotline

Phone: 1-800-422-4453

Website: www.childhelp.org

Services Offered: CONFIDENTIAL phone based hotline, prevention programs, intervention programs, treatment programs for instances of child abuse.

National Domestic Violence Hotline Phone: 1-800-799-7233

Website: www.thehotline.org

Services Offered: Phone and website based hotline; information and help for domestic violence and abuse victims.

Brighter Tomorrows

Phone: (631) 395-1800

Website: <https://brightertomorrowstinc.org/>

Services Offered: Counseling, legal and court advocacy, education and prevention, and shelter programs.

Extra Info: Call for more info. and the address.

NYS Domestic & Sexual Violence Hotline

Phone: 800-942-6906

Website: <https://www.211wny.org/provider/4494/>

Services Offered: Domestic violence and sexual assault hotlines.

Long Island Against Domestic Violence

Phone: (631) 666-8833

Website: www.liadv.org

Address: 320 Carleton Avenue, Suite 8000, Central Islip, NY 11722

Services Offered: Hotline, emergency shelter, legal counseling, support groups; orders of protection.

ECLI VIBES

Phone: (631) 360-3730

Website: <https://eclivibes.org/> <https://eclivibes.org/resources>

Address: 185 Oval Dr., Islandia, NY 11749

Services Offered: 24 Hour Hopeline (call the number above), as well as these programs: Counseling, advocacy, youth, legal, housing, sexual assault forensic examiner, anti-human trafficking, community pantry, volunteer, and internship.

The Retreat, Inc.

Phone: (631) 329-2200 (24 Hour hotline); (631) 329-4398- office

Website: <https://allagainstabuse.org/>

Address: 13 Goodfriend Dr., East Hampton, NY 11937

Services Offered: Shelter, counseling, legal, case management, prevention education.

Love is Respect (Teen Dating Abuse) Hotline

Phone: 1-866-331-9474

Website: www.loveisrespect.org

Services Offered: Phone, Text, and Website based Hotline; Information, Help, and Referrals for Dating and Sexual Abuse.

Human Trafficking Hotline

Phone: 1-888-373-7888

Website: HumanTraffickingHotline.org

Services Offered: Support for victims and survivors of human trafficking. Phone, text, and internet-based hotline.

Runaway & Missing Children Hotlines

Runaway Youth Hotline

Phone: 1-800-786-2929

Website: www.1800runaway.org

Services Offered: Confidential Hotline for runaway teens, Mediation between teens and parents.

National Center for Missing Children Tipline

Phone: 1-800-843-5678

Website: www.missingkids.com

Services Offered: Confidential tip-line to report missing children.

Family Emergency Hotlines

Suicide Prevention Hotline

Phone: 1-800-273-8255

Website: SuicidePreventionLifeline.org

Services Offered: Suicide Intervention, Crisis Assistance.

Safe Horizon Crime Victims Hotline

Phone: 1-866-689-4357

Website: www.safehorizon.org/hotlines

Services Offered: Support for families and victims of crime, including homicide available 24/7.

Tragedy Assistance Program for Survivors (TAPS)

Phone: 1-800-959-8277
(24 hours a day)

Website: www.taps.org

Services Offered: Assistance for families of deceased military members.

Crisis Intervention

**Suffolk County
Mobile Crisis Team**

Phone: (631) 952-3333

Services Offered: Crisis Intervention for ALL ages. Operates 24/7 daily.

**Suffolk County
Response Crisis Center**

Phone: 988

Website: www.responsecrisiscenter.org

Services Offered: Crisis Counseling and Support, Online Crisis Counseling, Suicide Prevention; available 24/7

Middle Earth Hotline

Phone: (516) 679-1111

Website: www.crisistextline.org

Services Offered: Crisis counseling hotline; available 24/7.

Extra Info: For Senior Citizen help, call: 516-679-0000 (short term counseling only).

Pregnancy & Early Childhood

Soundview Pregnancy Services

Phone: (631) 676-7990

Website: www.SoundviewPregnancyServices.org

Address: Suffolk Location
1919 Middle Country Rd
Centereach, NY 11720

Nassau Location
1975 Hempstead Turnpike
East Meadow, NY 11554

Services Offered: Counseling, adoption referrals, pregnancy support, ultrasounds.

American Pregnancy Helpline

Phone: 1-866-942-6466

Website: www.TheHelpline.org

Services Offered: Education and information on pregnancy health.

Safe Haven for Babies

Phone: 1-888-510-2229

Website: SafeHaven.tv

Services Offered: Hotline for information about where you can bring a newborn child you are unable to care for.

Safe Kids New York

Phone: (516) 881-7000

Website: www.safekids.org/coalition/safe-kids-new-york

Address: 175 Community Dr., Great Neck, NY 11021

Services Offered: Car-seat checkups, safety workshops and sports clinics, that help parents and caregivers prevent childhood injuries.

Extra Info: Operated by North Shore LIJ Hospitals

Youth Mentoring

Long Island Youth Mentoring

Phone: (631) 242-5101

Website: www.LIYouthMentoring.com

Address: 153 McNair St., Brentwood, NY 11717

Services Offered: Youth mentoring, tutoring, family mentoring, foster care mentoring.

Patchogue-Medford Youth & Community Services

Phone: (631) 758-4100

Website: <https://www.pmycs.org>

Address: 390 Bay Ave., Patchogue, NY 11772

Services Offered: Counseling Services, After-school Programs, Assistance Programs, Food Pantry, Clothes Closet

Housing and Shelter Assistance

Housing/Shelter Resources

Suffolk County Department of Social Services

Phone: (631) 854-9930
After-Hours: (631) 854-9100

Website: www.suffolkcountyny.gov/Departments/SocialServices/DSSHome

Address: Please visit website for locations

Services Offered: Getting help with housing, utilities, or child care in Suffolk County begins with a call to the Department of Social Services.

Family Service League

Phone: (631) 647-3100

Website: <https://www.fsl-li.org/>

Services Offered: Emergency housing for families.

Hands Across Long Island

Phone: (631) 234-1925

Website: <https://hali88.org/>

Address: 159 Brightside Ave., Central Islip, NY 11722

Services Offered: Housing program. Please call for availability and more information.

Hope for Youth

Phone: (516) 659-0923

Website: <https://www.hfyng.org/>

Address: 201 Dixon Ave., Amityville, NY 11701

Services Offered: Runaway and homeless youth shelter, ages 12-17.

Pax Christi Hospitality Center

Phone: (631) 928-9108

Website: <http://www.hhm.org/index.html>

Address: 255 Oakland Ave., Port Jefferson, NY 11777

Services Offered: 24-bed emergency shelter for men over the age of 16.

Extra Info: Part of the Hope House Ministries network.

Recovery Helpline

Phone: 1-888-862-0293

Website: www.catholiccharities.cc/our-services/chemical-dependence

Address: 30-C Carlough Rd., Bohemia, NY 11716

Services Offered: Detox management, program referrals, short-term counseling, support groups, transportation.

Extra Info: Part of the Catholic Charities organization.

Homeless Long Island

Phone: (631) 260-1363

Website: HomelessLongIsland.com

Services Offered: Food pantry locator, info on emergency shelters, detox and rehab centers. Bi-lingual Spanish

Mercy Center- Independent Living

Phone: (631) 758-7616

Address: 296 River Ave., Patchogue, NY 11772

Services Offered: Girls only homeless shelter.

NewGround

Phone: (516) 564-4164

Website: <https://newground.org>

Address: 70 Acorn Ln., Levittown, NY 11756

Services Offered: Employment counseling, financial literacy, life skills development including parenting and household maintenance, educational tutoring, reading assistance, education advocacy, tuition assistance

Extra Info: Especially for displaced families and veterans.

Mercy House

Phone: (631) 563-0454

Website: <https://www.mercycenterministries.org/mercy-house.html>

Address: 5 Sejon Dr., Sayville, NY 11782

Services Offered: Home for pregnant or parenting mothers ages 18-24.

Long Island Housing Services, Inc.

Phone: (631) 567-5111
(516) 292-0400

Website: <https://www.lifairhousing.org/>

Address: 640 Johnson Ave., Suite 8, Bohemia, NY 11716

Services Offered: Affordable first time home buyer resources, tenants rights, housing disputes.

Help Suffolk

Phone: (631) 286-2400

Address: 685 Brookhaven Ave., Bellport, NY 11713

Services Offered: Shelter for married couples and their family.

Haven House Bridges

Phone: (631) 231-3619

Website: <https://tsli-hhb.org/>

Address: 840 Suffolk Ave., Brentwood, NY 11717

Services Offered: Community residence program. Call for more info.

St. Vincent De Paul- Dismas House **Phone:** (516) 822-3132

Website: <https://svdpli.org/what-we-do/transitional-housing/>

Services Offered: Assist with food, past due bills, etc.

Extra Info: Tyrone Rhabb, Program Administrator. Email: trhabb@svdpli.org

Hope House Ministries

Phone: (631) 928-2377

Website: hhm.org

Address: PO Box 358, Port Jefferson, NY 11777

Services Offered: They have many programs to help men and women in different situations. Call them for more info.

Interface Nutrition Network

Phone: (516) 486-8506

Website: <https://the-inn.org/>

Address: 211 Fulton Ave., Hempstead, NY 11550

Services Offered: A broad variety of essential services

Bethany House

Phone: (516) 868-6866

Website: <https://www.bhny.org/>

Address: 625 Demott Ave., Baldwin, NY 11510

Services Offered: Shelter for women and women with children experiencing homelessness.

Mercy Haven

Phone: (631) 277-8300

Website: <http://www.mercyhaven.org/>

Address: 859 Connetquot Ave., Suite, Islip Terrace, NY 11752

Services Offered: Housing programs. Call for more info.

Long Island Housing Partnership

Phone: (631) 435-4710

Website: <https://www.lihp.org/>

Address: 180 Oser Ave., Suite 800, Hauppauge, NY 11788

Services Offered: Housing programs. Call for more info.

Mommas House

Phone: (516) 781-8637

Website: <https://www.mommashouse.org/>

Address: 3100 Hempstead Tpke, Levittown, NY 11756

Services Offered: Shelters for women ages 18-24 and their children.

Community Housing Innovations

Phone: (631) 475-6390

Website: <https://www.communityhousing.org/>

Address: 285 Sills Rd., Building 16, East Patchogue, NY 11772

Services Offered: First time homeowner grants.

Long Island Coalition for the Homeless

Phone: (631) 464-4314

Website: <https://www.addressthehomeless.org/>

Address: 600 Albany Ave., Amityville, NY 11701

Services Offered: Emergency, transitional, and permanent low-cost housing.

Utilities Assistance

**Home Energy Assistance Program
– HEAP (Suffolk and Nassau)**

Suffolk County DSS: (631) 853-8825

After-Hours: (631) 854-9100

Nassau County Phone: (516) 227-8519

Website: otda.ny.gov/programs/heap

Address: Please visit website for locations.

Services Offered: The Home Energy Assistance Program (HEAP) helps low-income people pay the cost of heating their homes. If you are eligible, you may receive one regular HEAP benefit per program year and could also be eligible for emergency HEAP benefits if you are in danger of running out of fuel or having your utility service shut off.

Extra Info: On Long Island this program is administered by the local Department of Social Services office. Please contact them through the phone numbers above for more information on this program.

PSEG Household Assistance

Phone: 1-800-490-0025

Website: <https://www.psegliny.com/myaccount/customersupport/financialassistance/householdassistance>

Services Offered: Assistance with paying for energy bills through lower rates for those on Medicaid, SNAP, SSI, Temporary Family Assistance, and Veterans Pensions.

Project Warmth (United Way)

Phone: 1-888-774-7633

Website: www.unitedwayli.org/projectwarmth

Services Offered: One-time funding to pay oil/utility bills for Nassau and Suffolk residents facing heating emergencies.

Extra Info: This program is only available during the winter months.

Senior Services

These services are for people over 60/65 years old. From food assistance to home-care and recreational activities, you can find many needs met with these resources.

Food Assistance

Primetime Home Delivered Meals **Phone:** (631) 286-7624

Address: 146 South Country Rd., Bellport, NY 11713

Services Offered: One hot meal a day delivered to homebound seniors 60+. They deliver to Selden, Centereach, Medford, Bellport, Patchogue, E. Patchogue, and Farmingville.

Faith Baptist Church- Food Pantry **Phone:** (631) 732-1133

Address: 10 Teller Ave., Coram, NY 11727

Services Offered: Food pantry, Wednesdays from 9am-2pm, BY APPOINTMENT ONLY and recreational activities for seniors.

Community Services

SeniorNet at Family Service League **Phone:** (631) 470-6757

Website: <https://www.seniornetli.org/>

Address: 790 Park Ave., Huntington, NY 11743

Services Offered: Computer and technology instruction for seniors 50 and over.

In-Home Care

Visiting Nurse Service and Hospice of Suffolk **Phone:** (631) 261-7200

Website: <https://visitingnurseservice.org/>

Services Offered: Home health care, and hospice and palliative care.

Suffolk County Office of the Aging **Phone:** (631) 853-8200

Website: <https://aging.ny.gov/location/suffolk-county-office-aging>

Address: H. Lee Dennison Building, 3rd Floor
100 Veterans Memorial Hwy., P.O. Box 6100
Hauppauge, NY 11788

Services Offered: In-home care. Call them for more info.

Other Services

Suffolk AHRC

Phone: (631) 585-0100

Website: <https://www.ahrCSuffolk.org/>

Address: 2900 Veterans Hwy., Bohemia, NY 11716

Services Offered: Programs and services to children and adults with intellectual and other developmental disabilities on Long Island.

Ronkonkoma Senior Center

Phone: (631) 467-3324

Address: 299 Rosedale Ave., Ronkonkoma, NY 11779

Services Offered: Recreational activities for seniors in Islip.

Eldercare Locator

Phone: 800-677-1116

Website: <https://eldercare.acl.gov/Public/Index.aspx>

Services Offered: Support services, housing, elder rights, insurance and benefits, health, and transportation.

Elder Abuse

Phone: 631-854-3232

24 hour hotline: 631-360-3606

Website: <https://eldercare.acl.gov/Public/Index.aspx>

Services Offered: Hotline to assist older people who are experiencing physical, emotional, financial, sexual abuse or neglect.

Military and Veterans Resources

Special resources exist exclusively for active duty service members, veterans, and families. If you served, you can receive assistance with medical needs, finding a job, and more. For general questions, please contact the Suffolk County Veterans Service Agency first.

Suffolk County Veterans Service Agency

Phone: (631) 853-8387

Website: www.suffolkcountyny.gov/veterans/Home

Address: H. Lee Dennison Building, 100 Veterans Memorial Highway, 3rd Floor, Hauppauge, NY 11788-0099

Services Offered: Benefits assistance, housing help, transportation.

Suffolk County Department of Labor

Phone: (631) 853-6600

Website: www.suffolkcountyny.gov/Departments/Labor/EmploymentCenter

Address: 725 Veterans Memorial Highway, Building 17, Hauppauge, NY 11788

Services Offered: Veterans reps, employment reps, phones, free internet & resume writer access computers are on site. Representatives are available with an appointment. Full range of jobseeker and employer services. Full service one stop career center.

Veterans Employment Services Office

Phone: 1-866-487-2365, press 1

Website: www.vaforvets.va.gov

Services Offered: Job search database for Veterans transferring to civilian life.

American Jobs Center

Phone: (631) 687-4800

Services: Career training workshop Monday- Friday 8:30am-5pm

EOC of Suffolk

Phone: (631) 289-2601

Website: <https://eoc-suffolk.com/>

Address: 31 West Main St., Suite 300, Patchogue, NY 11772

Services Offered: SSVF program services for veterans

Northport VA Medical Center

Phone: 631-261-4400

Website: <https://www.va.gov/northport-health-care/>

Address: 79 Middleville Rd., Northport, NY 11768

Services Offered: Connected to all satellite locations through Suffolk County.

Veterans Assistance Hotlines

**Tragedy Assistance Program for
Survivors (TAPS)**

Phone: 1-800-959-8277- All Day (24/7)

Website: www.taps.org

Services Offered: Assistance for families of deceased military members. Immediate & long term emotional help regardless of relationship to deceased or circumstance

Veterans Crisis Line

Phone: 1-800-273-8255, press 1

Website: www.veteranscrisisline.net

Services Offered: Crisis support hotline for veterans and active duty military, Confidential phone and text-message support.

Resource Centers & Referrals

**Association for Mental Health
& Wellness**

Phone: (631) 471-7242 ex. 1324

Website: mhaw.org

Address: 939 Johnson Ave., Ronkonkoma, NY 11779
1380 Roanoke Ave. Riverhead, NY 11901

Services Offered: Peer support, program referrals, veterans services, workforce training.

Addiction Help

If you or someone you know is fighting a drug addiction, these resources can help you find the right place to begin healing and recovering. There is help today.

Outpatient Treatment

Outreach

Phone: (631) 286-0700

Website: <https://opiny.org/>

Address: 11 Farber Dr., Bellport, 11713

Services Offered: Outpatient treatment for alcohol and substance abuse.

L.I. Community Hospital- Outpatient Substance Abuse Support

Phone: (631) 852-1070

Website: <https://licommunityhospital.org/chemical-dependency/>

Address: 550 Montauk Hwy., Shirley, NY 11967

Services Offered: Many services and programs for substance abuse. Contact them for more info.

YMCA of Long Island Family Services

Phone: (631) 580-7777

Website: <https://ymcali.org/locations/ymca-family-services/about>

Address: 1150 portion Rd., Suite 6, Holtsville, NY 11742

Services Offered: Outpatient substance abuse and treatment services.

Community Counseling Services of Ronkonkoma **Phone:** (631) 471-3122

Website: <https://ccsli.org/>

Address: 3281 Veterans Memorial Hwy., Suite E-14, Ronkonkoma, NY 11779

Services Offered: Outpatient substance abuse, mental health treatment, suboxone maintenance program.

John T. Mather- Alcohol and Substance Abuse Program **Phone:** (631) 331-8200

Address: 100 Highlands Blvd. #101, Port Jefferson, NY 11777

Services Offered: Outpatient treatment program, counseling, and referrals. Call them for more info.

Treatment Centers

Long Island Teen Challenge **Phone:** (631) 321-7070

Website: www.newyorkteenchallenge.com/locations/long-island-teen-challenge

Services Offered: Residential rehab programs, vocational training for teens and adults.

LI Council on Alcoholism and Drug Dependence **Phone:** (516) 747-2606

Website: <https://licadd.org/>

Services Offered: Prevention programs, treatment referrals, and relapse prevention. Anger management programs- early intervention for Middle and High School.

Talbot House**Phone:** (631) 589-4144**Website:** www.catholiccharities.cc/our-services/chemical-dependence**Address:** 30-C Carlough Rd., Bohemia, NY 11716**Services Offered:** Detox management, program referrals, short-term counseling, support groups, transportation.**Extra Info:** Part of the Catholic Charities organization.**Phoenix House****Phone:** 1-844-815-1508**Website:** <https://phoenixhouseny.org/>**Address:** Various locations in New York and on Long Island.**Services Offered:** Help with addictions, recovery support, outpatient services. Call for more info.**Support Groups****Suffolk County
Alcoholics Anonymous****Phone:** (631) 669-1124**Website:** www.suffolkny-aa.org**Address:** Visit website for information on meeting locations.**Services Offered:** Alcoholism support groups across Suffolk County.

Abundant Life Church of God

Phone: (631) 588-7704

Website: <https://christianchurchlongisland.org/>

Address: 440 Furrows Rd., Holbrook, NY 11741

Services Offered: Christian based 12-step recovery program. Call for more info.

**Suffolk County
Narcotics Anonymous**

Phone: (631) 884-9500

Website: www.sasna.org

Address: Visit website for information on meeting locations

Services Offered: Narcotics addiction support groups across Suffolk County.

Al-Anon Family Groups

Phone: N/A

Website: <https://al-anon.org/newcomers/what-is-al-anon-and-alateen/>

Services Offered: Help and hope for families and friends of alcoholics. Meetings are held all over. Contact them for more info.

Mothers Against Drunk Driving

Phone: (631) 547-6233

Website: <https://madd.org/>

Services Offered: Support and help for victims of drunk driving. Contact them for more info.

Celebrate Recovery

Website: www.celebraterecovery.com

Address: Visit website for information on meeting locations

Services Offered: Christian-oriented 12-step recovery program, hosted by local churches. Weekly group meetings to help along the way. Aims towards recovery from addiction, sexual abuse, eating disorder, gambling problem, co-dependency, relational abuse.

Extra Info: Information on group meetings can be found at: locator.crgroups.info

Group meetings (as of 2023) occur at:

The Journey Church

424 Columbus Avenue | East Patchogue, NY 11772 | 631-484-8063

C3 Church Long Island

320 Broadway Greenlawn Road | Huntington, NY 11743 | 631-271-0272

Axis Church

2839 Route 112 | Medford, NY 11763 | 631-732-7682

Smithtown Gospel Tabernacle

1 Higbie Drive | Smithtown, NY 11787 | 631-804-1938

Disability and Mental Health Resources

Select resources strive to accommodate individuals with mental and physical disabilities and struggles. Reach out for more information.

Disability Assistance

Developmental Disabilities Institute Phone: (631) 366-2900

Website: <https://www.ddiny.org/>

Address: 99 Hollywood Dr., Smithtown, NY 11787

Services Offered: Autism services, as well as children and adult services.

YAI: Seeing Beyond Disability Phone: (631) 967-7100

Website: <https://www.yai.org/>

Services Offered: Range of services. Contact them for more info.

The Social Brain

Phone: (631) 793-4311

Website: <https://thesocialbrain.org>

Address: 496 Hawkins Rd., Selden, NY 11784

Services Offered: Socialization for individuals with traumatic brain injuries; outdoor activities, school groups, medical supplies pantry.

**Friendship Unlimited Ministries
(Island Christian Church)**

Phone: (631) 822-3000

Website: islandchristian.com/ministries/special-ministries/disability

Address: Based at Island Christian Church: 400 Elwood RD., E. Northport, NY 11731

Services Offered: Church Sunday School program for individuals with special needs and those struggling with disabilities. Recreation and Awareness events for individuals and their families. Special visitation ministry for shut-ins and those in hospitals.

Extra Info: Adult Special Education Sunday School program meets Sundays 11:00am–12:30pm.

HIV/AIDS Services

**Sun River Health- Health Home
Program**

Phone: (888) 980-8410

Website: <https://www.sunriver.org/social-support/programs/health-home/>

Services Offered: A wide range of services, including for HIV/AIDS.

HIV/AIDS Hotline

Phone: (800) 541-2437

Services Offered: General information and referral to HIV counseling and testing, including anonymous HIV counseling and testing sites.

Thursday's Child

Phone: (631) 447-5044

Website: <https://thursdayschildofli.org/>

Address: 475 E Main St., Patchogue, NY 11772

Services Offered: Advocacy, referrals, rapid HIV testing, and counseling services.

Mental Health

Association for Mental Health and Wellness **Phone:** (631) 471-7242 ext.2 (helpline)

Website: <http://mhaw.org/>

Address: 939 Johnson Ave., Ronkonkoma, NY 11779

Services Offered: A range of services. Contact them for more info.

National Alliance for Eating Disorders **Phone:** 866-662-1235

Website: www.nationaleatingdisorders.org/help-support/contact-helpline

Services Offered: Phone, text, and website based hotline for help with eating disorders.

Federation of Organizations **Phone:** (631) 236-4325

Website: <https://www.fedoforg.org/>

Address: 456 Waverly Ave., Patchogue, NY 11772

Services Offered: Clinical, residential, and outpatient

Office of Mental Health and Hygiene **Phone:** (631) 853-8500

Website: www.suffolkcountyny.gov/Departments/HealthServices/MentalHygiene

Address: Please visit the website for office and clinic locations.

Services Offered: Mental health clinics, methadone maintenance programs, intake systems for high-risk mental health issues.

Fairy Godmother Foundation of NY Phone: (631) 314-8317

Website: <https://www.nyfairygodmother.org/about-us>

Services Offered: Range of services, including: eyeglasses for children, as well as a mini "Make A Wish" for children and young adults suffering from a death, health, or mental health. Ask for Ms.Marell.

Crisis Mental Health

Phone: (631) 952-3333

90 Adams Ave. Hauppauge, NY 11788

Services Offered: 24/7 Mental Health help. Will assess and refer out unless in crisis- they will respond

Counselors in Suffolk County

**Kathleen VanEssendelft,
Family Care Counseling**

Phone: 631-744-5500

Website: familycarecounseling.weebly.com

Services Offered: Depression, anxiety, eating disorders, parenting/family issues, ADHD, OCD.

Extra Info: Accepts most forms of Insurance of HMO plans.

**Pastor Scott Kraniak,
Centereach Bible Church**

Phone: (631) 732-3283

Website: cbctruth.com/counseling

Address: Please call the office for information.

Services Offered: Depression, anxiety, and suicide prevention.

Extra Info: Read Pastor Scott's blog at DepressionAnxietyGod.blogspot.com

Kara Bocchino (LCMHC)

Phone: (631) 533-2707

Services Offered: Day-to-day challenges, relationship issues, work stress, depression, anxiety. Individuals, families, couples, and groups.

Extra Info: Can be contacted via email at: Kara@AxisNY.org

North Star Counseling Services

Phone: (631) 305-4582

Address: 600 Johnson Ave., Bohemia, NY 11716

Services Offered: Licensed psychotherapist specializing in addictions, anxiety, depression, and anger.

Extra Info: Accepted insurance plans: Fidelis, Medicaid, Health First, Out of Network, MagnaCare.

Career, Legal, and Educational Services

There are programs that exist solely to assist with career guidance, legal matters, and education. Below are some resources to get you started in the direction of your goals.

NYS Dept. of Labor- Jobs Center **Phone:** (631) 687-4800

Website: <https://dol.ny.gov/location/workforce-new-york-career-center>

Address: 160 South Ocean Ave., Patchogue, NY 11772

Services Offered: Career counseling, and job placement assistance.

Family Service League

Phone: (631) 647-3100

Website: <https://www.fsl-li.org/>

Services Offered: Job skill improvement and job placement. Contact them for more info.

United Way- Long Island

Phone: (888) 774-7633

Website: <https://www.unitedwayli.org/>

Address: 819 Grand Blvd., Deer Park, NY 11729

Services Offered: Career placement. Call them for more info.

Literacy Suffolk

Phone: (631) 286-1649

Website: <https://literacysuffolk.org/>

Address: 627 N. Sunrise Highway Service Rd., Bellport, NY 11713

Services Offered: Tutoring adults to improve their ability to read, write, and speak English.

Law Help NY

Phone: N/A

Website: lawhelp.org/ny

Services Offered: Hotline numbers and services available for a wide range of legal help. Contact them for more info.

Legal Aid Society

Phone: (631) 853-5212 - Criminal
(631) 853-4343 - Family

Website: https://ww2.nycourts.gov/courts/10jd/suffolk/dv_legalaid.shtml

Address: Legal Aid Society of Suffolk County
John P. Cohalan, Jr. Courthouse
400 Carleton Ave., 4th Floor
Central Islip, NY 11722

Services Offered: Provides counsel in the Criminal and Family Court matters to persons who, in the opinion of the Court, are financially unable to afford private counsel.

Nassau/Suffolk Law Services

Phone: (516) 292-8100 - Hempstead
(631) 232-2400 - Islandia
(631) 369-1112 - Riverhead

Website: <https://www.nslawservices.org/>

Services Offered: A range of services available. Call them for more info.

Help for Pets of Those in Need

If you're struggling financially it can be hard to care for your animals. Thankfully, there is help available on Long Island to assist you with food and veterinary services.

Pet Food Assistance

Nobody Starves on Long Island

Phone: (631) 484-3085

Website: www.nosoli.org

Services Offered: Emergency support for Pet Food and Veterinary Bills, Animal Adoption Help, Animal Rescue, Feral Cat reduction

Baxter's Pet Pantry

Phone: (631) 991-8106

Website: <https://www.licares.org/what-we-do/feed-long-island/baxters-pet-pantry/>

Address: 161 North Wellwood Ave., Lindenhurst, NY 11757

Services Offered: Provide emergency food assistance for family pets. Open Monday-Friday by appointment only. Call for more info.

Lost Dog Search and Rescue

Phone: (516) 983-4484
(516) 996-4525

Facebook: @LIDogTrackers

Services Offered: Helps search for lost dogs

Emergency Hotlines

These emergency hotlines are ways for you to talk with trained crisis response experts and learn about more ways you can receive help. Each hotline is anonymous, so your information is safe and confidential.

Crisis Intervention

Suffolk County

Phone: (631) 952-3333

Mobile Crisis Team

Website: Brochure available at www.nyconnects.ny.gov/services/suffolk-county-mobile-crisis-team-omh-pr-901200013034

Services Offered: Crisis Intervention involving individuals OVER 18 years of age.

Extra Info: Operates 10:00am - 11:00pm daily

Children's

Phone: (631) 952-3333

Mobile Crisis Team

Website: Brochure available at www.omh.ny.gov/omhweb/transformation/docs/li-mit.pdf

Services Offered: Crisis intervention involving children UNDER 18 years old.

Extra Info: Operates 11:00am - 7:00pm daily

Suffolk County

Phone: (631) 751-7500

Response Crisis Center

Website: www.responsecrisiscenter.org

Services Offered: Crisis Counseling and Support, Online Crisis Counseling, Suicide Prevention

Crisis Textline**Phone:** 516-679-1111**Website:** www.crisistextline.org**Services Offered:** Talk with Crisis counselors; available 24/7**Extra Info:** For Senior Citizen help, call: 516-679-0000 (short term counseling)**Suicide Prevention****988 Suicide & Crisis Lifeline****Phone:** 988**Website:** <https://988lifeline.org/current-events/the-lifeline-and-988/>**Services Offered:** Suicide intervention, crisis assistance.**The Trevor Project****Phone:** (866) 488-7386**Website:** www.thetrevorproject.org**Services Offered:** Crisis intervention and suicide prevention hotline**Extra Info:** Especially oriented towards the needs of those in the LGBTQ community.**Boys Town Hotline****Phone:** 1-800-448-3000**Website:** <https://www.boystown.org/hotline/Pages/default.aspx>**Services Offered:** 24 hour help for your adults/teens contemplating suicide, who are abused, depressed, victims of domestic violence, and sexual abuse.

Long Island Gay & Lesbian Youth **Phone:** 631-665-2300

Website: <https://lgbtnetwork.org/our-organizations-1/ligaly/>

Services Offered: Free Mental Health for LGBTQ+ for ages 13 to 21yrs. Helps with LGBTQ+ and Addictions.

Runaway & Lost Children Hotlines

Runaway Youth Hotline **Phone:** 1-800-786-2929

Website: www.1800runaway.org

Services Offered: Confidential Hotline for runaway teens, mediation between teens and parents.

National Center for Missing Children Tipline **Phone:** 1-800-843-5678

Website: www.missingkids.com

Services Offered: Confidential tip-line to report missing children.

Family Emergency Hotlines

Safe Horizon Crime Victims Hotline **Phone:** 1-866-689-4357

Website: www.safehorizon.org/hotlines

Services Offered: Support for families and victims of crime, including homicide; available 24/7.

Self-Injury Hotline

Crisis Text Line

Text HOME to 741741

Website: <https://www.crisistextline.org/topics/self-harm/#pass-741741-on-to-a-friend-8>

Services Offered: Free 24/7 support for self-injury.

Gambling and Drug Addiction Hotline

New York Substance Abuse Hotline Phone: (877) 846-7369

Website: www.oasas.ny.gov/accesshelp

Services Offered: Confidential hotline. Provides information on resources for drug, alcohol, and gambling addiction treatment and prevention.

Pregnancy & Newborn Hotlines

Safe Haven for Babies

Phone: (888) 510-2229

Website: SafeHaven.tv

Services Offered: Hotline for information about where you can bring a newborn child you are unable to care for.

Soundview Pregnancy

Phone: (888) 709-3227

Website: SoundviewPregnancy.com

Services Offered: Provides abortion education, ultrasounds, pregnancy tests, and assistance during pregnancy.

